GURP

Photo Template

You will need:

- Sheet of paper or piece of cardboard
- Some tape.
- 8m/26' measuring tape.
- Mirrorless, DSLR camera, or pro-level camera phone

Steps 1 + 2 can be completed at home.

Step 1:

Full frame bag method:

- Remove bottle cages.
- Partially reinstall bolts

Half or Wedge method:

- Install bottle cages.
- Install water bottles.

Step 2:

- Carefully measure the sheet of paper.
- Tightly roll around the top tube of the bike, underneath any cables.
- Secure it neatly closed with tape.
- Write the measurement on the piece of paper.

BONUS POINTS: Include also a ruler and/or paper bill taped to the frame

Step 3:

Find a well-lit wall outside or a long hallway.

Bike prep:

- Lean your bike up against a wall.
- Turn the crank arms out of the way.
- Move back 25-30 feet (8-10 meters).

Camera prep:

- Set the camera to RAW or JPEG High.
- Use aperture f/8-16 if possible.
- Use a tripod if possible.
- Use a zoom lens if possible.



